

Cardiff & the Vale of Glamorgan Schools Athletics Association

Course Map for Girls' League 1 on Monday, September 28th, 2026
at YG Bro Morgannwg, Colcot Road, Barry CF62 8YU



Small lap = StartABDEFH = 550 metres;

Big lap = StartABCDEFGH = 1000 metres;

H to the Finish = 60 metres

Timing and Courses for Girls' League 1 on Monday, September 28th, 2026

4.30 pm	Race 1	U16 Girls (years 9 & 10)	1 small lap + 2 big laps + finish = 2610 metres
	Race 2	U14 Girls (years 7 & 8)	2 big laps + finish = 2060 metres
	Race 3	U20 & U18 Girls (years 11 to 14)	3 big laps + finish = 3060 metres

Schools and colleges with pupils/students planning to compete are asked to be on site by 4 pm.
Coaches and minibuses should be parked in the area indicated. Entry is via Whitmore High School.
Please park any cars in the main YG Bro Morgannwg car park. Entry is from Colcot Road.

Results envelopes can be collected from the sportshall and should be handed in there before you leave for home.

There are four course marshal positions on the map:

M1 controls the entry to the finish of each race. M2 controls the small lap link for race 1 and monitors the top of the course for all three races. M3 controls the small lap link for race 1 and monitors the bottom half of the course on the top field. M4 monitors the area on the right of the course.